# Paul Ioudovski

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#### **EDUCATION**

# **Doctor of Medicine (MD)**

Sept 2023 – Present

University of Ottawa

• Summer Research Project: Co-designing interventions for older adults to improve care in the community and in the emergency department

Master of Public Health (MPH) in Public Health Sciences

Sept 2019 – Dec 2020

Queen's University

**Bachelor of Science Honours (BScH) in Life Sciences** 

Sept 2015 - June 2019

Queen's University

### **WORK EXPERIENCE**

#### **Infantry Soldier**

Sept 2016 – Present

Canadian Armed Forces Primary Reserve

- Assisted in training of new recruits in weapons handling and safety while posted at 28
  Field Ambulance
- Participated in variety of roles during exercises including radio operator, section commander, rifleman, and machine gunner
- Appointed second-in-command of an infantry section to assist in training and administration (May 2019)
- Appointed to the operations team to assist in planning and organization of regimental activities (Sept 2022)

#### **Epidemiologist (EC-05)**

Mar 2022 – May 2024

Department of National Defence, Directorate of Force Health Protection

- Piloted injury surveillance project as a field epidemiologist embedded with a clinical military unit during a field exercise
- Coordinated data analysis and vetting processes for survey data using STATA
- Managing and presenting on various surveillance systems (disease and injury for deployed personnel, mortality, acute respiratory infections in recruits)
- Presented disease and injury trends from a military exercise at a NATO health conference
- Prepared data and reports on health trends for the Canadian Armed Forces Health Survey 2019

#### **Junior Epidemiologist (EC-03)**

Mar 2021 – Feb 2022

Correctional Service Canada, Health Services Sector

- Managed daily reporting of COVID-19 cases, testing, vaccine administration, and vaccine coverage using SQL, R, Excel and Power BI
- Provided weekly briefings to senior management (Assistant Deputy Minister, Director Generals) on vaccine coverage progress and community rates of COVID-19
- Coordinated data analysis plan for COVID-19 inmate and staff serology study
- Provided recommendations on data management and cleaning strategies
- Collaborated on data audits with regional staff to ensure accuracy in reporting of COVID-19 data
- Developed Excel analysis and surveillance tools for COVID-19 vaccination and rapid testing report

Research Analyst Aug 2020 – Feb 2021

Faculty of Health Sciences, Queen's University

 Analyzed trends in Hepatitis C prevalence and testing rates across federal and provincial correctional institutions

- Described recommendations for future research on trends and application to screening policy
- Presented at the International Viral Hepatitis Elimination Meeting 2020 and selected to be a panelist on hepatitis C in vulnerable populations

Research Assistant Jan 2020 – May 2020

Centre for International and Defence Policy, Queen's University

- Developed reservist focus-group questionnaire for a recruitment and retention case study
- Delivered and developed preliminary demographic questionnaires

Research Assistant Jan 2018 – Sept 2019

Department of Biomedical and Molecular Sciences, Queen's University

- Involved in development, analysis, writing, and presentation of a scoping review on psilocybin trials
- Presented findings as a guest-lecturer in an undergraduate course and as part of the Life Sciences Trainee Day 2019 conference
- Advised junior team members on the development of other scoping review projects

## **Teaching Assistant/Head Teaching Assistant**

Sept 2019 – Sept 2021

Queen's University

- Led in-person and virtual tutorials for second-year undergraduate students up to firstyear master's students
- Collaborated with instructors to develop course content and materials
- Managed course communications including grievances and accommodations

#### **PUBLICATIONS**

Boet S., Etherington C., Ghanmi N., **loudovski P.,** Tricco A.C., Sikora L., Katznelson R. Efficacy and safety of hyperbaric oxygen treatment to treat COVID-19 pneumonia: a living systematic review update. Diving Hyperb Med. 2022 Jun 30;52(2):126-135. doi: 10.28920/dhm52.2.126-135.

Shore R., **loudovski P.**, McKeown S., Dumont E., Goldie C. Mapping Psilocybin-Assisted Therapies: A Scoping Review. 2019 Dec 17. medRxiv preprint doi: https://doi.org/10.1101/2019.12.04.19013896

#### **CONFERENCE PRESENTATIONS**

**loudovski P.,** Hammond E., Bandk K., Wang K., Johnston S., MacLeod K. (2024). Co-designing hospital- and community- based interventions with older adults to improve care delivery at the Montfort Hospital emergency department and in the surrounding community in Ottawa, Ontario. Canadian Association on Gerontology Conference 2024.

**loudovski P.**, Valbuena L., Clair V. (2023). Deployment Health: Findings from the 2019 Canadian Armed Forces Health Survey. Canadian Institute for Military and Veteran's Health Research 2023.

**loudovski P.**, Valbuena L., Strauss B. (2022). Expanding the use of the Canadian Armed Forces deployment health surveillance system to a large-scale exercise: Exercise INTREPID BEAR/MAPLE RESOLVE 2022. NATO Force Health Protection 2022.

**loudovski P.** (2020). Missed Opportunities for HCV Elimination in Provincial Correctional Institutions in Ontario, Canada. International Viral Hepatitis Eliminating Meeting 2020.