# **Khachadour Bandk**

Gatineau, QC., J9J 2X5

khachadour.bandk@gmail.com

(613) 716-7070

# **SUMMARY OF QUALIFICATIONS**

- First year Master of Public Health Student at the University of Ottawa with a background in Psychology and Biomedical Sciences
- Over 5 years of clinical experience related to children with special needs and their families
- Coordinate pathway of care for hundreds of patients accessing the Emergency Department at CHEO
- Strong interpersonal, leadership, team facilitation, conflict management, DEI training, and mediation skills
- Proven ability to identify risk situations and take prompt action
- Proficient in Microsoft Word, Excel, PowerPoint, Adobe Suite, etc.
- Fluent in English, French, Arabic, and Armenian

## **EDUCATION**

Master of Public Health 2023 – 2025

University of Ottawa, Ontario

- Relevant Courses: Health policy, Epidemiology, Biostatistics, Health promotion, Knowledge translation and dissemination, Program evaluation, Health equity impact assessments, etc.
- Faculty of Medicine Special Merit Scholarship (\$8000)
- Expected graduation date: June 2025

# Honours BSc Psychology - Summa Cum Laude

2021 - 2023

University of Ottawa, Ontario

- Publication
  - Bureau J-F, Bandk K, Deneault A- A, Turgeon J, Seal H and Brosseau-Liard P (2023).
    The PPSQ: assessing parental, child, and partner's playfulness in the preschool and early school years. Front. Psychol. 14:1274160. doi: 10.3389/fpsyg.2023.1274160
- GPA: 9.95/10
- Dean's honour list F/2021, W-F/2022, & W/2023
- Merit Scholarship 2021 & 2022 (\$2000)
- Graduation date: May 23<sup>rd</sup>, 2023

### Honours BSc Biomedical Science - Cum Laude

2017 - 2020

University of Ottawa, Ontario

- Thesis:
  - Sex-specific effects of adolescent omega-3 polyunsaturated fatty acid supplementation and enriched environment exposure on HPA axis reactivity in adult Wistar rats.
- Dean's honour list F/2019, W/2020
- Merit Scholarship 2017 & 2019 (\$2000)
- Graduation date: June 3<sup>rd</sup>, 2020

# Pre-University Program: Pure & Applied Sciences

2015 - 2017

Heritage College, Québec

- Dean's honour list F/2019, W/2020
- Richard E. Henderson Memorial Award 2017 (\$400)
- Graduation date: June 2017

## **SKILLS AND ABILITIES**

#### **Organizational skills**

- Coordinate logistics and patient flow for a group of 30+ nurses and doctors
- Implement and organize success plan for students
- Manage and supervise 70+ volunteers from age 4-55
- Took part of an organization committee to create a Convention for Youth (200+) from all over Canada

## Research and analytical skills

- Research and collect data on the playfulness of children and their parents in order to validate a new questionnaire.
- Conduct interviews and provide research on the bullying motion to create a national bullying prevention strategy.
- Conduct case study reviews and built reports whilst also filling forms for REB review.

#### Khachadour Bandk

## **Communication skills**

- Deliver presentations to groups of 50+ participants to promote diversity, equity, and inclusion within multiple NGOs and staff of private companies
- Facilitate the interaction and communication of different departments within hospital settings
- Educate and instruct individuals, families, and patients in multiple different topics

#### WORK EXPERIENCE

## **Patient Family Team Lead**

09-2023 - Present

Emergency Department, Children's Hospital of Eastern Ontario (CHEO), Ottawa, Canada

- Work side-by-side with nurse and physician in a Rapid Assessment Zone to assess low acuity patients
- Offer guidance on navigating the healthcare system, including available support services
- Educate and provide support to families and patients about their plan of care
- Coordinate various support services, such as social work, counseling, and community resources, to enhance the overall well-being of patients and their families

**Tutor-Mentor** 

12-2022 – Present

TutorBright, Remote-Toronto, Ontario

- Tutor and mentor students (Grades 1 to 12) for academic improvement (Math, English, French, and Science) and personal development with focus on raising self-esteem, confidence, and potential
- Help students adapt to different classroom environments, improve problem-solving, advise in post-high school academia
- Collaborate with families to set improvement goals, implement tutoring plans, and debrief for feedback

# **Training Facilitator - Contractor**

12-2022 – Present

Culture Ally, Remote, Canada

- Facilitate diversity, equity, and inclusion (DEI) training for global clients (100+ audience)
- Cover topics such as Islamophobia, Anti-Semitism, Anti-Asian American racism, Anti-Black racism, LGBTQ2S+ inclusion, etc.
- Tailor training programs for government and non-profit organizations worldwide
- Address foundational aspects of diversity, equity, and inclusion allyship, inclusive leadership, unconscious bias, microaggressions, psychological safety, etc.

Patient Service Clerk 08-2017 – Present

Emergency Department, Children's Hospital of Eastern Ontario (CHEO), Ottawa, Canada

- Act promptly in trauma situations to page relevant services and departments
- · Coordinate all non-nursing functions under the direction of the Care Facilitator or delegate
- Process medical orders given by physician and nurses and maintain patient charts/records
- Coordinate patient flow in the department and ensure accuracy of patient identification and demographic data

# **VOLUNTEER EXPERIENCE**

# **Technology Mentor**

08-2021-01-2022

Connected Canadians, Remote, Canada

- Facilitate and host digital literacy workshops for various organizations and partner communities (50+ audience)
- Conduct one-on-one meetings via Zoom and phone calls to address technological literacy in Zoom, Skype, Facetime, emails, etc.
- Collaborate with Connected Canadians to enhance technological literacy for elderly clients
- Represent Connected Canadians in a Radio-Canada interview to discuss workshops and initiatives

# Youth Commissioner

06-2016-09-2023

Scouts Canada, Ottawa, Canada

- Establish and maintain the Council Youth Network as the Chair & contribute actively to the Council Leadership Team
- Assist in planning, organizing, and implementing scouting programs and activities for youth members
- Recognize youth and adult volunteers for their contributions and achievements in a timely manner
- Help facilitate activities and workshops which promote the development of outdoor, leadership, and life skills

# **Unpaid Intern**

06-2013 - 09-2014

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Parliament of Canada, Ottawa, Canada

- Conducted comprehensive research on bullying, contributing to the development of a national bullying prevention strategy, including case study reviews and report creation.
- Performed research work for assigned case studies, extracting key insights, and maintaining detailed notes for reference.