

# ALEXANDRIA HECTOR

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## EDUCATION

**Master of Public Health** | University of Ottawa, Ottawa, ON, Expected Graduation: December 2024

**Bachelor of Health Sciences, Honours Specialization in Health Sciences** | University of Western Ontario, London, ON, Graduated: April 2023

## RESEARCH EXPERIENCE

**Clinical Research Assistant** | **Children's Hospital London Health Sciences Centre, London, ON** | **December 2022 – May 2023**

- Facilitated the smooth operation of clinical studies through effective participant recruitment and diligent follow-up.
- Ensured accurate data collection and recording for various clinical studies, maintaining high standards of data integrity and protocol compliance.
- Maintained professional discretion and confidentiality in all aspects of clinical research work

**Policy Analyst** | **The Human Environments Analysis Lab, London, ON** | **October 2022 – May 2023**

- Reviewed and analyzed recreational policy documents through a health equity lens, assessing the impact of built environments on population health.
- Worked collaboratively with a team of researchers and lab staff to synthesize evidence to support policies and practices aimed at improving community health.

## CLINICAL EXPERIENCE

**Volunteer** | **Peel Region Mass COVID-19 Vaccination Clinics, Mississauga, ON** | **October 2022 – Present**

- Contribute to the efficient operation of high-volume vaccination clinics, ensuring smooth patient flow and a positive patient experience.
- Provide comprehensive information and assistance to patients, addressing questions and concerns regarding the vaccination process with clear and empathetic communication.

**Physiotherapy Clinic Practicum Student** | **Parkwood Institute, London, ON** | **September 2022 – May 2023**

- Collected and analyzed patient wait-time data to identify areas of improvement in the clinic's waitlist process.
- Supported physiotherapists in patient care, preparing treatment areas and assisting with exercises and rehabilitation activities, enhancing patient experience and care quality.

**Teaching Assistants, Resources, and Supports** | **Western University, London, ON** | **September 2021 – May 2023**

- Aided in the supervision and facilitation of nursing lab activities, helping students develop essential clinical skills.
- Contributed to the assessment of students' lab skills and clearly communicated feedback to foster their professional growth.

**Walk-In Clinic Assistant** | **The Queen Clinic, Mississauga, ON** | **January 2019 – September 2022**

- Streamlined clinic operations, improving patient flow and overall efficiency of a fast-paced, high-volume clinic.
- Acted as a chaperone for physicians during patient exams, ensuring adherence to practice guidelines and patient safety.
- Accurately recorded and provided physicians with vital patient information, including weight and blood pressure, maintaining patient confidentiality.

## LEADERSHIP EXPERIENCE

**Vice President of Social Affairs** | **SEPH, University of Ottawa, ON** | **November 2023 – Present**

- Drive the development and coordination of engaging events for students by mobilizing council members and community partners.
- Collaborate effectively with council members, facilitating the completion of tasks and contributing to the overall efficiency and success of the association.

**Volunteer** | **March of Dimes Aphasia Peer Connect, Mississauga, ON** | **February 2022 – August 2023**

- Led weekly sessions aimed at supporting clients with aphasia, enhancing their communication abilities and confidence in social interactions.
- Employed strong leadership and teamwork skills to provide comprehensive support and care to clients, in collaboration with other volunteers.

## **Health Studies Students' Association Peer Mentor | Western University, London, ON | September 2022 – May 2023**

- Served as a mentor to first-year students, offering guidance on academic and personal development, and effectively linking them to university resources.
- Demonstrated effective communication and interpersonal skills through regular mentorship meetings, addressing and resolving mentee challenges.

## **CUSTOMER SERVICE EXPERIENCE**

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### **Sales Associate | Footlocker, Mississauga, ON | July 2017 – February 2020**

- Provided personalized customer service, responding to diverse customer needs, and enhancing their shopping experience.
- Collaborated with team members to consistently exceed sales targets, contributing to store profitability.
- Maintained store organization and product accessibility, ensuring a seamless customer experience and operational efficiency.

## **EXTRA-CURRICULARS**

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### **Health Science Students' Council Affairs Associate | Western University, London, ON | September 2022 – May 2023**

- Collaborated effectively with fellow council members to advocate for and pass motions, as well as develop initiatives and support systems aimed at enhancing the student experience.

### **Western Public Health Association Events Director | Western University, London, ON | September 2022 – May 2023**

- Worked alongside executive team members to strategically plan and execute events to enhance student awareness and engagement in the field of public health.

## **KEY SKILLS**

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- **Data Analysis:** Proficient in SAS and R.
- **Research Methodology:** Experienced in qualitative and quantitative research.
- **Microsoft Office Suite:** Advanced proficiency in Excel, Word, and PowerPoint.
- **Communication:** Skilled in clear and concise information conveyance.
- **Time Management:** Effective in prioritizing tasks and meeting deadlines.
- **Interpersonal Skills:** Strong in building professional relationships and teamwork.
- **Problem-Solving:** Adept in identifying and resolving challenges.

## **CERTIFICATIONS**

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**Equity, Diversity, and Inclusion (EDI) Training, 2022**

**SafeTALK Suicide Prevention Certification, 2021**

**Worker Health and Safety Awareness Training, 2021**

**Accessibility in Service (AODA Certification), 2021**

**TCPS 2: CORE, 2020**

## **AWARDS AND HONOURS**

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**University of Ottawa Medicine Merit Scholarship (\$8,000) – 2023**

**Dean's Honour List, University of Western Ontario, 2021 – 2023**