

# Laura Jamieson

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## Education

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**Bachelor of Medicine, Bachelor of Surgery (Graduate Entry Programme)** | University of Limerick  
Castletroy, County Limerick, Ireland | 2023-2027

**Master of Science - Global Health** | McMaster University  
Hamilton, Ontario | 2016-2017

- Exchange Semester at Maastricht University, The Netherlands
- 2-week Global Health Symposium at Manipal Academy of Higher Education, Karnataka, India
- 3-month Research Practicum at Neuroscience Research Australia in Sydney, Australia

**Honours Bachelor of Science - Life Sciences** | McMaster University  
Hamilton, Ontario | 2011-2015

## Paid Employment

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**Senior Program Advisor - Health** | Ontario Federation of Indigenous Friendship Centres  
Toronto, Ontario | May 2022 to August 2023

- Mobilized changes to internal database systems to reduce administrative burden on site staff and facilitate impact reporting
- Developed Friendship Centre-GeriMedRisk referral mechanism to increase access to specialized geriatric services in underserved rural communities
- Supervised the development of a trauma-informed “Vaccination Through the Lifecycle” resource by 4 University of Toronto medical students in collaboration with Elder Gertie Beaucage

**Program Advisor** | Ontario Federation of Indigenous Friendship Centres  
Toronto, Ontario | September 2018 to May 2022

- Offered on-the-job training and support through regular fieldwork at 29 Friendship Centres
- Prepared statistical and narrative Ministry of Health reports as per program funding agreements
- Developed diabetes prevention/food security program in collaboration with Friendship Centre communities and oversaw implementation at 10 Friendship Centres in 2021

**Practicum Student & Research Assistant** | Neuroscience Research Australia, Aboriginal Healthy Ageing Group  
Sydney, Australia | June to August 2017 & September 2017 to February 2018

- Planned, facilitated focus groups with local Indigenous Elders and community organizations to inform exercise program design and implementation (Koori Active and Healthy Ageing Study)
- Observed a Geriatrician on home visits and at outreach clinic in remote Coff's Harbour

**Exam Coordinator** | Touchstone Institute  
Toronto, Ontario | June 2015 to September 2016

- Coordinated and executed licensing examinations for internationally educated healthcare providers
- Collaborated with regulatory bodies and standardized patient teams to ensure fair assessment for all candidates

**Manager, Student Health Education Centre** | McMaster University  
Hamilton, Ontario | May 2014 to April 2015

- Represented 80 student volunteers, chaired monthly meetings with leadership team and managed budget
- Set strategic direction for campus outreach based on review of client data from previous years

## **Community Service**

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### **Volunteer, Maximizing Ageing Using Volunteer Engagement** | Bridgepoint Hospital

Toronto, Ontario | January 2022 to April 2023

- Offered mealtime support and companionship to older adult inpatients in palliative and transitional care
- Built relationships with patients by engaging in activities tailored to personal interests and abilities
- Communicated kindly and patiently to minimize stress and anxiety

### **Volunteer, Meal Assistance Program** | Bridgepoint Hospital

Toronto, Ontario | April to December 2021

- Provided verbal prompts and/or manual feeding assistance to patients with dementia
- Offered dignified meal experience and promoted caloric intake
- Worked with nurses/speech language pathologists to determine appropriate texture/thickness for patients

### **Organizer, Move for May: Ahimsa for Alzheimer's** | Ahimsa Yoga Toronto

Toronto, Ontario | May 2022

- Planned, promoted and taught a series of by-donation yoga classes
- Raised \$3,000 for the Alzheimer Society of Canada in memory of my grandmother, May

### **Volunteer, Student Health Education Centre** | McMaster University Students Union

Hamilton, Ontario | September 2021 to May 2015

- Offered non-judgmental, confidential support to peers experiencing mental or emotional troubles
- Provided harm reduction supplies and made referrals to other campus and community services

## **Research Publications and Presentations**

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- **Contributor:** Beginning to Co-Design Virtual Geriatric Care for Diverse Older Adults Living with HIV. AGE-WELL/Canadian Frailty Network Catalyst Funding 2023 recipient.
- **Presenter:** Exploring People-specific and Community-specific Facilitators and Barriers to HPV Immunization Uptake in First Nations, Inuit, Metis, and Urban Indigenous Communities. Canadian Partnership Against Cancer and Urban Public Health Network Symposium. May 2023. Calgary, Alberta.
- **Co-Author:** Kokorelias K, Jamieson L, Singh H, Sarapio B, Sinha S. Volunteer Programs for the Hospitalized Older Adult: A Scoping Review. 2022. Manuscript under review.
- **Primary Author:** Jamieson L, Didyk N. When Safety Measures Do Harm: Re-Traumatization of Trauma Survivors Living in Long-Term Care during the COVID-19 Pandemic. Journal of the American Medical Directors Association. 2021; 22(11): 2269-2270. doi: 10.1016/j.jamda.2021.08.033.
- **Presenter:** Enablers and Barriers to Urban Indigenous Vaccination in Ontario, Canada. International Federation on Ageing Adult Vaccination Mentorship Program. 2021. Virtual.
- **Co-Presenter:** Didyk N, Jamieson L. Sex in Long-Term Care: Rights and Responsibilities. Practical Pearls in Long-Term Care Clinical Conference. 2021. Virtual.
- **Presenter:** Impacts of Childhood Adversity on Ageing in Indigenous Canadians: Lessons from Australia and Suggestions for Action. Bridging Different Worlds Global Health Symposium. 2017. Manipal, India.
- **Best Poster:** Managing Type 2 Diabetes: Does Metformin Take the Cake?. Health and Disease Poster Competition. 2014. McMaster University.

## **Personal Interests**

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**Yoga:** Practitioner for 10+ years. 300-hr teacher training certification received 2019-20. Occasional instructor.

**Choir:** Member of the Toronto Children's Chorus for 8 years and the McMaster University Choirs for 4 years.

**Travel:** Immersing myself in new cultures brings me a lot of joy. I have traveled to 15 countries and counting!